

211 HELP STARTS HERE



If you or someone you know is looking for assistance, contact United Way 211 to learn about the following services:

Food & housing assistance

Mental health & substance use support

Legal resources

Clothing and household items

And thousands of other local resources

Dial **211 (800-543-7709)**, text **898-211** or visit

211UNITEDWAY.ORG

24/7 • FREE • CONFIDENTIAL • MULTILINGUAL



**UNITED
WAY**



Get Connected. Get Help.™

CONNECTING VOLUNTEERS TO OPPORTUNITIES

Get connected to our community by visiting United Way of Southeast Minnesota's convenient online volunteer tool and find great ways to be the change in our community!

**VOLUNTEERS
NEEDED**



- Discover local nonprofits
- Search for needs based on your interests
- Schedule, track your volunteer hours, and invite others to join in the fun!



uwsemn.org/volunteer

GET CONNECTED



UNITED WAY
Southeast Minnesota